



Computer User Questionnaire

Many people experience a variety of symptoms after working at their computer for some period of time. Surprisingly, many don't relate those symptoms directly to using the computer. Instead, they mistakenly attribute headaches and tired eyes to overall stress at work, rather than to visual fatigue that can be alleviated simply with the proper eyewear prescription.

If you experience any of these symptoms, please indicate the level of discomfort below:

<i>Symptom</i>	<i>Mild</i>	<i>Moderate</i>	<i>Severe</i>
Headaches during or after working at the computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overall bodily fatigue or tiredness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Burning eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Distance vision is blurry when looking up from the computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dry, tired or sore eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Squinting helps when looking at the computer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Neck, shoulders, or back pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Double vision	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Letters on the screen run together	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving/night vision is worse after computer use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
"Halos" appear around objects on the screen	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Need to interrupt work frequently to rest eyes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

If you experience any of these symptoms, we offer a new type of eyewear lens that can eliminate the symptoms and dramatically improve your comfort level when working on a computer. These eyewear lenses result from new technology developed specifically for computer users. Our office has been trained and certified to pass this exciting technology on to you.

Please give this questionnaire to the Doctor for an explanation of how these eyewear lenses can help you.

Patient name: _____ Date: _____